

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2016

FiftyForward Martin Center
960 Heritage Way
Brentwood, TN 37027 615-376-0102
www.themartincenter.org www.fiftyforward.org

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					1 Massage 8:30 Tai Chi 9:00 Oil Painting 9:30 Canasta 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00 Holiday Party 4:00	2 Stretch and Flex Exercise 9:30 Game Day 11:00 Freelance Friday Painting Group 10:30 Showtime 1:00: Surviving Christmas
4	5	6	7	8	9	10
College Grove Christmas Party 12:30	Cigna Free Health Screening 9:00 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Lunch and Holiday Taste 10:45	Health Screening 9:00 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Clyde's 10:30 Billiards 10:15 Game Day 11:00	(R) Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Yoga 10:30 Lipscomb 10:45 Bridge Lessons 12:30 Dinner Group: Sperry's 3:45	8 Massage 8:30 Tai Chi 9:00 Oil Painting 9:30 Canasta 9:30 Knitting 10:00 Yoga / Billiards 10:15 Tech Time 10:30 Open Studio 1:00	Stretch and Flex Exercise 9:30 Game Day 11:00 Freelance Friday Painting Group 10:30 Showtime 1:00: Jingle All The Way	Holiday Market At Fountains of Franklin 10-2:00
11	12	13	14	15	16	17
	Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Franklin Theatre Noon	13 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:15 Watercolor 10:00 Game Day 11:00 Bonefish Grille 4:00	(S) Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Yoga 10:30 Bridge Lessons 12:30 Sutler 10:45	15 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00 Cooking Demo 1:00 Friends by the Fireplace 3:00	Stretch and Flex Exercise 9:30 Freelance Friday Painting Group 10:30 Lunch Bunch: Uncle Julio's 10:45 Game Day 11:00 Bunko 1:00	
18	19	20	21	22	23	24
	(J) Pilates 9:15 Card Crusaders 9:00 Frist Music 10:30 Poker 10:30 Lunch Bunch: Union Station 10:30	20 Massage 8:30 J Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:15 Game Day 11:00 Shindig 10:15 Potluck: 11:30 Bingo/Paraffin 1:15	Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Yoga 10:30 Bridge Lessons 12:30 Jonathan's 4:00 Showtime 1:00: Trading Places	22 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00	Stretch and Flex Exercise 9:30 Freelance Friday Painting Group 10:30 Game Day 11:00	
25	26	27	28	29	30	31
	Center Closed	Center Closed	Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Yoga 10:30 Bridge Lessons 12:30	29 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00	Stretch and Flex Exercise 9:30 Freelance Friday Painting Group 10:30 Game Day 11:00	