

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	4 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:15 Game Day 11:00	5 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Yoga 10:30 Bridge Lessons 12:30	6 Massage 8:30 (J) Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00	7 Stretch and Flex Exercise 9:30 Game Day 11:00 <b>Freelance Friday Painting Group 10:30</b> <b>Showtime 1:00: The Intern</b>	8
9	10 Regular schedule Programs suspended for the day for set up for Martin Masters	11 Massage 8:30 Regular schedule Programs suspended for the day for set up for Martin Masters	12 <b>Medicare 2017 10:00 meeting in conference</b> All other programs suspended	13 Massage 8:30 Programs suspended for the day for set up for Martin Masters fundraiser	14 Programs suspended <b>Grand Opening Martin Masters Art Show and Sale 5:00p.m.-8:00p.m. Free admission</b>	15 <b>Martin Masters Art Show and Sale Continues 10:00a.m. to 4:00p.m. Free admission</b>
16	17 <b>Hattie B's / Dairy Dip 10:15</b> Pilates 9:15 Card Crusaders 9:00 Poker 10:30	18 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:15 Watercolor 10:00#4 Game Day 11:00 <b>Potluck: 11:30</b> <b>SHIP Volunteer 1:00</b> <b>Bingo 1:15</b>	19 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Yoga 10:30 Bridge Lessons 12:30 <b>Dinner Group: ACME Feed 3:00</b>	20 Massage 8:30 Tai Chi 9:00 Canasta 9:30 <b>Oil Painting 9:30 #4</b> <b>TN Museum 9:30</b> Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00	21 <b>Miller's Grocery 9:45</b> Stretch and Flex Exercise 9:30 <b>Lifelong Learning Lipscomb 10:00</b> <b>Freelance Friday Painting Group 10:30</b> Game Day 11:00 <b>Bunko 1:00</b>	22
23	24 Pilates 9:15 Card Crusaders 9:00 <b>Bar Taco 10:15</b> Poker 10:30 Acrylic Techniques 1:00#2	25 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00#5 Tooth Wisdom 10:00 Billiards 10:15 Game Day 11:00 <b>Beading Buds 1:00</b> <b>Patio Party 3:00</b>	26 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 <b>Grinder's Switch and Breeze's Café 10:00</b> Yoga 10:30 Bridge Lessons 12:30 Jonathan's 4:00	27 Massage 8:30 Tai Chi 9:00 Canasta 9:30 <b>Oil Painting 9:30 #1</b> Knitting 10:00 Yoga / Billiards 10:15 <b>Pumpkin on Canvas 1:00</b>	28 <b>UBER and U 10:00</b> Stretch and Flex Exercise 9:30 <b>Freelance Friday Painting Group 10:30</b> <b>Lifelong Learning Lipscomb 10:00</b> Game Day 11:00 <b>Showtime 1:00: Disturbia</b> <b>Winesippers 4:30</b>	29
30	31 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 <i>Chago's Cantina</i> 10:30	<b>FiftyForward Martin Center</b> <b>960 Heritage Way</b> <b>Brentwood, TN 37027 615-376-0102</b> <b>www.themartincentertn.org www.fiftyforward.org</b>			<h1 style="margin: 0;">October 2016</h1>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November 2016</b>		<b>1</b> Massage 8:30 Weight W. 8:30 Scrabble 10:00 <b>Watercolor 10:00 #6</b> <b>TAKL TALK 10:00</b> Billiards 10:15 <b>Game Day 11:00</b>	<b>2</b> Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Lunch Bunch: The Hook 10:15 <b>Yoga 10:30</b> Bridge Lessons 12:30	<b>3</b> Massage 8:30 Tai Chi 9:00 Canasta 9:30 <b>Oil Painting 9:30# #2</b> Knitting 10:00 Chaffin's Barn 10:00 Yoga / Billiards 10:15 <b>Open Studio 1:00</b>	<b>4</b> Stretch and Flex Exercise 9:30 <b>Lifelong Learning Lipscomb 10:00</b> <b>10:00-1:30 Mixed Media Painting Party</b> Game Day 11:00	<b>5</b>
	<b>6</b>	<b>7</b> <b>A Talk with Tiffany 10:30</b> <b>Consultations with Tiffany 11:30-2:00</b> Pilates 9:15 Card Crusaders 9:00 Poker 10:30	<b>8</b> Massage 8:30 Edley's BBQ 10:15 Weight W. 8:30 Scrabble 10:00 <b>Watercolor 10:00 #1</b> Billiards 10:15 <b>Game Day 11:00</b>	<b>9</b> Bridge 9:00 Card Crusaders 9:00 <b>Day Trip: 10:00</b> <b>Golf Outing 10:30</b> Pilates 9:15 <b>Holiday Beading with Barbara 1:00</b> <b>Yoga 10:30</b> Bridge Lessons 12:30 <b>Antique Appraisal 1:00</b>	<b>10</b> Massage 8:30 Tai Chi 9:00 Canasta 9:30 <b>Oil Painting 9:30 #3</b> <b>Let's Talk Food 10:00</b> Knitting 10:00 Yoga / Billiards 10:15 <b>Open Studio 1:00</b> <b>Holiday Cooking 1:00</b>	<b>11</b> Stretch and Flex Exercise 9:30 <b>Lifelong Learning Lipscomb 10:00</b> <b>Freelance Friday Painting Group 10:30</b> Game Day 11:00 <b>Showtime 1:00: The Imitation Game</b>
<b>13</b>	<b>14</b> Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Financial Fitness Noon <b>Acrylic Techniques 1:00 #1</b> <b>Palliative vs. Hospice 1:00</b>	<b>15</b> Massage 8:30 Weight W. 8:30 Scrabble 10:00 <b>Songs for Sound 10:00</b> <b>Watercolor 10:00 #2</b> Billiards 10:15 Game Day 11:00 <b>Martin Potluck 11:30</b> <b>Bingo 1:15</b> <b>High Tea 2:15</b>	<b>16</b> Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 <b>Yoga 10:30</b> <b>Healthy U 11:30</b> Bridge Lessons 12:30 <b>Showtime 1:00: Mrs. Henderson Presents</b> <b>Johnathon's 4:00</b>	<b>17</b> Massage 8:30 Tai Chi 9:00 <b>Symphony 9:15</b> Canasta 9:30 <b>Oil Painting 9:30#4</b> Knitting 10:00 Yoga 10:15 Billiards 10:15 <b>Open Studio 1:00</b> <b>Dinner Group: Two Ten Jack 3:00</b>	<b>18</b> Stretch and Flex Exercise 9:30 <b>Lifelong Learning Lipscomb 10:00</b> <b>Freelance Friday Painting Group 10:30</b> Game Day 11:00 <b>Bunko 1:00</b> <b>Tech Time 1:30</b>	<b>19</b>
<b>20</b>	<b>21</b> Pilates 9:15 Card Crusaders 9:00 <b>Adult CPR / First Aid / Choking 10:00</b> Poker 10:30	<b>22</b> Massage 8:30 Weight W 8:30 Scrabble 10:00 <b>Watercolor 10:00 #3</b> Billiards 10:15 Game Day 11:00	<b>23</b> Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Yoga 10:30 Bridge Lessons 12:30	<b>24</b> <b>Center Closed</b>	<b>25</b> <b>Center Closed</b>	<b>26</b>
<b>27</b>	<b>28</b> Pilates 9:15 Card Crusaders 9:00 Poker 10:30 <b>Acrylic Techniques 1:00 #2</b>	<b>29</b> Massage 8:30 Weight W 8:30 Scrabble 10:00 Watercolor 10:00 #4 Billiards 10:15 Game Day 11:00	<b>30</b> Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 <b>Yoga 10:30</b> Bridge Lessons 12:30	<b>FiftyForward Martin Center</b> <b>960 Heritage Way, Brentwood, TN 37027</b> <b>615-376-0102</b> <b>www.themartincenter.org www.fiftyforward.org</b>		