

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	2 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:15 Game Day 11:00	3 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30	4 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00	5 NO Flex Exercise 9:30 Game Day 11:00 Painting Group 10:30	6	
7	8 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Acrylic Techniques 1:00#1	9 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Hoola Hoop 10:00 Billiards 10:15 Game Day 11:00	10 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Friends By The Fireplace 3:00	11 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Toyama Steak 10:30 Open Studio 1:00	12 Stretch and Flex Exercise 9:30 Game Day 11:00 Freelance Friday Painting Group 10:30 Showtime 1:00: Dirty Dancing	13	
14	15 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 New and Improved Adult Party Games 1:00	16 Weight W. 8:30 Scrabble 10:00 Billiards 10:15 Watercolor 10:00 Game Day 11:00 Potluck: Bev Patnaik 11:30 Bingo 1:15	17 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Delmonico 9:45 Bridge Lessons 12:30 AMP Ingredients for Family Noon	18 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 MACA Tour 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00	19 Stretch and Flex Exercise 9:30 Freelance Friday Painting Group 10:30 Game Day 11:00 Nolens Place 10:45 Bunko 1:00	20	
21	22 Pilates 9:15 Card Crusaders 9:00 Floral Arrangement 10:00 Poker 10:30 Acrylic 1:00#2 AMP: A matter of your balance 1:00	23 Andrew Jackson The Hermitage Tour 9:15 Scrabble 10:00 Watercolor Class Billiards 10:15 Game Day 11:00 Poker 10:30	24 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 AMP: What is Medication Management 10:00 Jonathan's 4:00	25 Tax Assist 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Mineo's 10:45 Open Studio 1:00	26 NO Stretch and Flex Exercise 9:30 Freelance Friday Painting Group 10:30 Game Day 11:00 Showtime 1:00: The Producers	27	
28	29 Center Closed	30 Weight W. 8:30 Scrabble 10:00 Watercolor Class Billiards 10:15 Game Day 11:00 Poker 10:30 Patio Party 3:00	31 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Carter House 10:15 AMP: Community Impact Noon Bridge Lessons 12:30	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>FiftyForward Martin Center 960 Heritage Way Brentwood, TN 37027 615-376-0102 www.themartincentertn.org www.fiftyforward.org</p> </div>			

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 2px solid black; padding: 10px; display: inline-block;"> <p>FiftyForward Martin Center 960 Heritage Way Brentwood, TN 37027 615-376-0102 www.themartincentertn.org www.fiftyforward.org</p> </div>				<p>1 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00</p>	<p>2 Stretch and Flex Exercise 9:30 Day Trip: Short Mountain Distillery and Café 9:45 Game Day 11:00 Freelance Friday Painting Group</p>	<p>3</p>
<p>4</p>	<p>5 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 AMP: Financial Fitness with Raj and Zach lunch Noon</p>	<p>6 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:15 Game Day 11:00 Cilantro's 10:45</p>	<p>7 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Chef Ron 1:00 Sperry's (meet there) 4:00</p>	<p>8 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:15 Open Studio 1:00</p>	<p>9 Massage 10:00 Stretch and Flex Exercise 9:30 Freelance Friday Painting Group Game Day 11:00 Showtime 1:00: Eye In The Sky</p>	<p>10</p>
<p>11</p>	<p>12 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 AMP: 5 Wishes with Carol 10:00 News Channel 5 Tour 11:00 Acrylic Techniques 1:00 #1</p>	<p>13 Massage 8:30 Lifeline Screening 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:15 Game Day 11:00</p>	<p>14 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 AMP: A Healthier You 1:00 Dinner Group: Bar Louie 3:00</p>	<p>15 Massage 8:30 Tech Fair 10:00-2:00 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00</p>	<p>16 Stretch and Flex 9:30 Freelance Friday Painting Group Riverview Restaurant and Marina 10:00 Game Day 11:00 Bunko 1:00</p>	<p>17</p>
<p>18</p>	<p>19 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 New and Improved Adult Party Games 1:00</p>	<p>20 Massage 8:30 Weight W 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:15 Game Day 11:00 Potluck: 11:30 Bingo 1:15</p>	<p>21 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Girls Mystery Trip 10:00 AMP: Sleep 11:30 Bridge Lessons 12:30 Johnathon's 4:00</p>	<p>22 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Chaffin's Barn 10:15 Open Studio 1:00</p>	<p>23 Massage 10:00 Stretch and Flex Exercise 9:30 Freelance Friday Painting Group Game Day 11:00 Showtime 1:00: Waking Ned Devine</p>	<p>24</p>
<p>25</p>	<p>26 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Acrylic Techniques 1:00 #2</p>	<p>27 Massage 8:30 Music and Memories All regularly scheduled programming Suspended</p>	<p>28 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30</p>	<p>29 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15</p>	<p>30 Massage 10:00 Stretch and Flex Exercise 9:30 Freelance Friday Painting Group Game Day 11:00</p>	