

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2017

FiftyForward Martin Center
 960 Heritage Way
 Brentwood, TN 37027 615-376-0102
 www.themartincentertn.org www.fiftyforward.org

					1 Stretch and Flex Exercise 9:30 Game Day 11:00 Freelance Friday Painting Group Noon Lipscomb: Master Gardner series 10:00	2
3	4 Center Closed	5 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:00 Watercolor 10:00 #2 Game Day 11:00	6 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30	7 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:10 Open Studio 1:00	8 Massage 10:00 Stretch and Flex Exercise 9:30 Lipscomb: Master Gardner series 10:00 Game Day 11:00 Freelance Friday Painting Group Noon Showtime 1:00: Funny Girl 1968	9
10	11 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	12 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:00 Watercolor 10:00 #3 Game Day 11:00	13 Lifeline Screening 8:30 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 55 South 10:45 Bridge Lessons 12:30	14 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30#1 Knitting 10:00 Yoga / Billiards 10:10 Open Studio 1:00 Morning Pointe 3:20	15 Center Closed FiftyForward All Staff Meeting	16
17	18 Lipscomb Lifelong Learning: Essential Oils 11:30 at Lipscomb Pilates 9:15 Card Crusaders 9:00 Dementia VS Alzheimer's 10:30 Poker 10:30	19 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor #4 Billiards 10:00 Game Day 11:00 Potluck: Giancarlo 11:30 Bingo 1:15	20 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Dinner Group: Mockingbird 3:15 Restaurant	21 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #2 Knitting 10:00 Yoga / Billiards 10:00 Open Studio 1:00 Chaffin's Barn Momma Mia 10:45	22 Massage 10:00 NO Stretch and Flex Exercise 9:30 Lipscomb: Master Gardner series 10:00 Freelance Friday Painting Group Noon Game Day 11:00 Bunko 1:00	23
24	25 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Dicks Last Resort 10:30	26 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor Class #5 Billiards 10:00 Game Day 11:00 Online Computer Safety 1:00	27 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Beading Buds 1:00 Cheddars 4:00 Meet there	28 Massage 8:30 Ming Wang 9:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #3 Knitting 10:00 Yoga / Billiards 10:10 Open Studio 1:00 Morning Pointe 3:20 September Sippers 4:30	29 Stretch and Flex Exercise 9:30 Lipscomb: Master Gardner series 10:00 Game Day 11:00 Freelance Friday Painting Group Noon Showtime 1:00: Sully 2016	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1	2 Hospice 101 at 11:30 Lunch provided Pilates 9:15 Card Crusaders 9:00 Poker 10:30	3 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Life's Tool Belt 10:00 Billiards 10:00 Game Day 11:00 Chef Ron 1:00	4 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Gerst House Nashville 10:40	5 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #4 Knitting 10:00 Cannabis 10:00 Yoga / Billiards 10:10 Open Studio 1:00	6 NO Stretch and Flex Exercise 9:30 9:45 Uber and TAKL 10:00 Game Day 11:00 Freelance Friday Painting Group	7		
8	9 SHIP: Answers to Medicare 10:00 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	10 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:00 Harding House Bellemead 10:30 Game Day 11:00	11 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Smoothies with Linda 1:00 Sperry's 4:00 Meet there	12 Massage 8:30 Knowles Health Fair 9-Noon Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga / Billiards 10:10 Open Studio 1:00 Morning Pointe 3:20	13 Massage 10:00 NO Stretch and Flex Exercise 9:30 Freelance Friday Painting Group Game Day 11:00 Showtime 1:00: Funny Lady 1975	14		
15	16 Regular Schedule Programming Canceled	17 Massage 8:30 Regular Schedule Programming Canceled <u>NO Potluck</u>	18 Regular Schedule Programming Canceled	19 Massage 8:30 Regular Schedule Programming Canceled	20 Martin Masters Fine Arts Show and Sale Grand Opening Reception 5-8:00p.m.	21 Martin Masters Fine Arts Show and Sale 10-3:00		
22 South Pacific Larry Keeton Theatre Donelson Leave 12:15	23 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Smart Phone AT Morning Pointe Brentwood 3:20	24 Massage 8:30 Weight W 8:30 Medicare Appointments 9:00-1:00 Scrabble 10:00 Watercolor 10:00 Billiards 10:00 Game Day 11:00	25 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Williamson Medical: COPD 11:45 Bridge Lessons 12:30 Cheddars Meet There 4:00	26 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:00 Open Studio 1:00 Cozies with Carrie 1:00 Morning Pointe 3:20	27 Massage 10:00 Stretch and Flex Exercise 9:30 Freelance Friday Painting Group Game Day 11:00 Showtime 1:00: Adams Rib 1949	28		
29	30 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 The Plaza Mariachi and Zoo Tour 11:30	31 Massage 8:30 Weight W 8:30 Scrabble 10:00 Watercolor 10:00 Billiards 10:00 Game Day 11:00	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>FiftyForward Martin Center 960 Heritage Way Brentwood, TN 37027 615-376-0102 www.themartincentertn.org www.fiftyforward.org</p> </div>					

October 2017